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David Bailey's

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Tip: The 4

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Practice Your

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Players - TOP 5 |

Connecting Tennis |

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Forehand Lateral

Hop Step | EM

Tennis Tennis

Footwork: Better

Court Coverage

Advanced Tennis

Footwork ~~ABC's of~~

~~Modern Tennis~~

~~Footwork by Coach~~

~~Sveto (DVD Trailer)~~

~~Tennis Footwork:~~

~~Cross Over Steps~~

~~And Shuffle Steps~~

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Modern Tennis
Footwork... Learn
how to move like
Federer and Nadal

Which Is The Best
Footwork Pattern?
Off Court

Groundstroke
Shadow Tennis
Series

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Footwork - The
Bailey Method with
Nick Bollettieri

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~~Compilation~~

~~One-Foot Pivot~~

~~Footwork for~~

~~Tennis! Pro Player~~

~~Tennis Footwork~~

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~~Bailey Method?~~

~~Tennis Blast Dance,~~

~~learn with www.tennisblast.com.au~~

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Because this ball is easy to reach, many players will run around and hit a forehand instead of a backhand though this shot is a common two handed backhand shot, especially on the return of

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Serve. Footwork -

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Part 1 - Offensive

Contact Moves.

SET UP with a

hitting stance

Neutral Stance.

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The Bailey Method

is the most

advanced and

comprehensive

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tennis footwork
training program in
the world today.

Globally, it is the
only tennis training
program that
focuses specifically
on footwork,...

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Footwork -

YouTube

Dave Bailey,
creator of the

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Footwork The
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explains his
revolutionary
tennis footwork
and movement
program.

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The Bailey Method
identifies and
provides solutions
to more than 50 of
most common
problems
associated with

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movement,
footwork and
balance when
playing tennis. The
Method is designed
around the concept
of the "5 R's" and
"Completing the
Circle" every time
you hit the ball. A
player is taught
how to get Ready,
Read, React,
Respond, and

File Type PDF Footwork The Bailey Method Recover on every ball.

About | Bailey

Tennis Footwork

The Bailey Method puts a heavy emphasis on understanding the different types of footwork – attacking footwork, rally footwork and defensive footwork.

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Reading is also vitally important, meaning how a player reacts and responds to certain balls on the court.

The 5 R's That Will Make You a Better Mover | Dave Bailey ...

RESEARCH BASED
& CLEARLY
STRUCTURED.

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Dave Bailey in the world's leading tennis footwork coach. He has spent literally thousands of hours studying professional tennis players in action. He has analysed every aspect and detail of their tennis footwork and movement on

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Court. With this unparalleled insight, he has developed the most comprehensive and revolutionary tennis footwork and movement training program available in the world today.

Revolutionary

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Bailey Tennis

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Worlds No1 tennis
Coach Ni...

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Footwork. Globally,
The Bailey Method
is the most
advanced and

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Comprehensive
Bailey Method

tennis movement
and footwork
training program
available today.

After thousands of
hours of
researching
professional tennis
players in action,
Dave Bailey has
developed a
revolutionary
coaching program

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that is unlike any other program in the world. The Bailey Method is designed to develop in players an innate understanding of their strongest moves on the court, the ability to identify their opponent's ...

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Footwork -
WebinarJam

Inventor of The
Bailey Method – A
unique teaching
method, built
around a newly
defined language,
that incorporates
various multi-
directional
footwork,
movement,

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balance and shot selection skills for tennis players. The Method is taught whilst hitting balls on the tennis court to targets that progressively get more challenging.

David Bailey -
creator of The
Bailey Method and
Tennis Blast

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Footwork - The

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David Bailey of ww

w.thebaileymethod

.com demonstrates

Tennis Footwork

with Professional

WTA players.

Watch reaction,

response and

recovery from

forehands,

backhands, volleys,

lobs and serves.

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The Bailey Method

Tennis Footwork

The Bailey Method

puts a heavy

emphasis on

understanding the

different

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David Bailey Tennis

Footwork Trainer

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Bailey Method

and Coach Trains

Players, Coaches

and Children. On

Forehand,

Backhand, Serve,

Volley, Footwork

Techniques. The

Bailey Method [www](http://www.TheBaileyMethod.com)

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Tennis Footwork -

Metacafe

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find out more

about The Bailey

Method, visit www.thebaileymethod.com

Footwork - The

Bailey Method Part

1 - Offensive

Contact Moves

Without a doubt,

Without a doubt,

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tennis is an extremely athletic sport In 2006, Roger Federer said, "My game is all about footwork If I move

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Intensive Footwork
& Movement
Clinics. The Bailey
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day Intensive
Bailey Method

Footwork &

Movement Clinics

are highly

customized,

personal programs,

working one-on-

one with Dave

Bailey. Ultimately,

the Bailey Method

offers a series of

four intensive

clinics that become

increasingly

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Bailey Method
personalized in the
development and
polishing of a
players strengths,
building their
tournament
Playbooks and
honing their ability
to fluidly strategize
under tournament
conditions.

Intensive 4 Day

Clinics | Bailey

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